



Grace Alvarez Sesma, of Yaqui/Mexican heritage, is a cultural practitioner, educator, and activist whose calling to walk the path of the Curanderismo began in childhood. Her consulting and private healing practice draws on her family's knowledge and from Yaqui, Zapotec, and Mexika healing traditions. Her aunt was a curandera, and her uncle was a well-known traditional huesero (bonesetter).

As a cultural educator, she works with Chicane/Latinx/ Indigenous mental health therapists and other healthcare providers to promote understanding of Mexican and Indigenous culture-specific health interventions and to encourage mutually respectful collaboration.

In 1993, she was the recipient of the prestigious leadership fellowship award by the National Hispana Leadership Institute in collaboration with Harvard University's John F. Kennedy School of Government. In 2019, she contributed to the book *Voices of the Ancestors: Xicanx and Latinx Spiritual Expressions and Healing Practices*.

She serves in various committees and is a member of the Kanap Kuahan (Tell the Truth) Coalition, advisor to the House of the Moon (Missing & Murdered Indigenous Women) and the Yaquis of Southern California Tribal Council.



## Latinx Heritage Month

# OPENING CEREMONY

**Celebrating Cultura, Ceremony & Resiliency!**

**with Maestra Grace Alvarez Sesma**

**Cultural Practitioner | Educator**

We are all related across this continent known as the Americas. Our history is one of shared values of interconnectedness, respect for the earth, love of family, and walking a path of healing to break intergenerational wounds. We are way-showers, seed-keepers, activists, and knowledge-keepers. Today we are reclaiming our identity, language, culture, and sacred connections. Join us as we celebrate Latinx Heritage Month, our roots, and the resiliency of ancestors, their descendants, and our vibrant community with prayer, ceremony, and sharing by Maestra Grace Alvarez Sesma.

For more information about La Maestra Grace please visit her [website](#).

**SEPT  
16,  
2023  
VIA  
ZOOM**

**10:00 AM  
TO  
11:30 AM  
PST**

**RSVP**

**NO COST TO ATTEND**

**BY SEPT 15, 23  
HERE**

